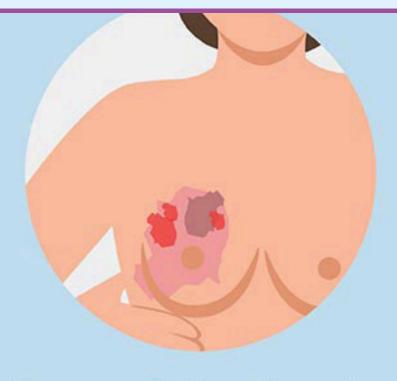
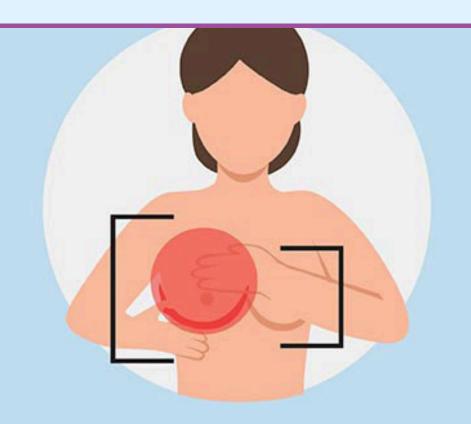
## Self Assessment for Breast Cancer



Areas of discoloration (red, pink or purple), a bruise or rash spread over one-third of your breast.



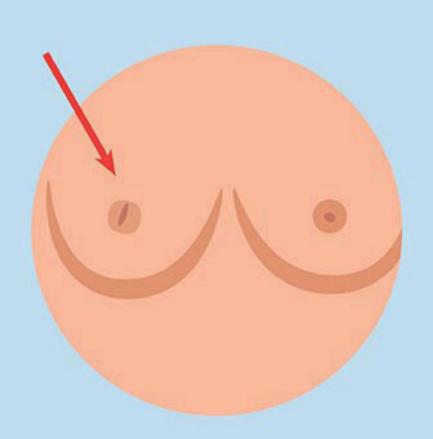
Warmth, burning, heaviness or enlargement of one breast.



Pain, swelling, itchiness, firmness or tenderness in one breast.



Dimpling, pitting or thickening of your breast skin that resembles an orange peel.



Inverted or retracted nipple (a nipple that points inward).



Swollen lymph nodes near your collarbone or under your arm.

**Source: Cleveland Clinic** 



